



PALACE  
MERANO



ESPACE  
HENRI CHENOT

price list  
**2011**



## HOW TO READ OUR PRICES

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- Example: one week package in a **single room classic**  
7 nights and 6 days of treatments with Comprehensive Programme Henri Chenot and accomodation in a classic single room:  
+ Euro 2.700,00 (comprehensive Programme price)  
+ Euro 1.470,00 (single room classic price)  
= Euro 4.170,00  
Extra: Medical compulsory visit, control and assistance Euro 250,00
  
- Example: one week package in a **double room comfort**  
7 nights and 6 days of treatments with Comprehensive Programme Henri Chenot and accomodation in a comfort double room:  
+ Euro 2.700,00 (comprehensive Programme price per person)  
+ Euro 1.330,00 (double room comfort per person)  
= Euro 4.030,00  
Extra: Medical compulsory visit, control and assistance Euro 250,00

### IMPORTANT

Services rendered on the day of arrival or departure are not included in the package rates and will therefore be charged separately, according to the regular price list.



# RATES OF PROGRAMMES

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Espace Henri Chenot programmes including treatments and diet food.

 **COMPREHENSIVE PROGRAMME "HENRI CHENOT"** € 2.700,00

Prices refer to 6 days of treatments.

- Detoxifying or slimming diet
- Toxaemia level assessment
- Bio-energetic check-up
- Body composition assessment
- Dietary examination
- Post-treatment stage diet plan
- 4 cellular resonance treatments with energy control
- 6 tendon-muscle massages

Hydro-energy treatment including:

- 6 hydro-aromatherapy sessions
- 6 phyto-mud therapy sessions
- 6 hydrojet massages

• Fitness programmes and group physical exercise

Extra: Medical compulsory visit, control and assistance

€ 250,00

**For a specific weight loss program the consultation of a doctor on site is required.**

 **INDIVIDUAL PROGRAMME**

The treatments and the length of stay are to be agreed directly with the Reservation Office at Palace Merano - Espace Henri Chenot.



### SPA PROGRAMME DOMINIQUE CHENOT

#### Programme A

€ 2.310,00

Prices refer to 6 days of treatments

- Detoxifying or slimming diet
- Body composition assessment
- Dietary examination
- 6 energetic massages

Hydro-energy treatment including:

- 6 hydro-aromatherapy sessions
- 6 phyto-mud therapy sessions
- 6 hydro-jet massages
- Fitness programme and group physical exercise

Extra: Medical compulsory visit

€ 85,00

### SPA PROGRAMME DOMINIQUE CHENOT

#### Programme B

€ 2.150,00

Prices refer to 6 days of treatments.

- Bio-light menu
- 6 energetic massages

Hydro-energy treatment including:

- 6 hydro-aromatherapy sessions
- 6 phyto-mud therapy sessions
- 6 hydro-jet massages
- Fitness programme and group physical exercise

Extra: Medical compulsory visit

€ 85,00



# PRICE LIST OF SINGLE TREATMENTS

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## ENERGIZING TECHNICAL TREATMENTS

### EVALUATION OF BODY-ENERGY

(Bio-energetic check-up & impedance analysis)

€ 165,00

### ENERGIZING TREATMENT

€ 65,00

### ENERGIZING MESSAGES

Body massage

€ 115,00

Manual lymphatic massage

€ 115,00



### **HYDRO/PHYTOTHERAPY**

Hydro-aromatherapy	€ 60,00
Phyto-mud therapy	€ 70,00

### **PERSONAL TRAINER**

Individual gymnastics 30 min	€ 70,00
Individual gymnastics 60 min	€ 95,00

### **VACUPOWER**

Vacupower training (duration 60 minutes)	€ 110,00
Package for 5 sessions	€ 500,00

### **BIOLOGICAL ANALYSIS**

General profile – Cardio vascular profile – Osteoporosis profile – Test of iron status  
Hormonal profile Dysmetabolic profile – Occult blood test – Helicobacter pylori  
Tumor markers



## ROOMS & SUITES

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	 SINGLE	 DOUBLE	 J.SUITE	 J.SUITE PANORAMA
<b>CLASSIC</b>	€ 200,00 - € 210,00	€ 315,00 - € 325,00		
<b>COMFORT</b>	€ 210,00 - € 220,00	€ 350,00 - € 380,00	€ 400,00 - € 430,00	€ 500,00 - € 550,00
<b>PARK</b>	€ 220,00 - € 230,00	€ 375,00 - € 400,00	€ 420,00 - € 450,00	
<b>PARK SUPERIOR</b>		€ 400,00 - € 430,00		
<b>PARK DELUXE</b>	€ 255,00 - € 270,00	€ 420,00 - € 450,00	€ 470,00 - € 510,00	



 SUITE CASTELLO

 SUITE PALACE

 SUITE PANORAMA

**CLASSIC**

**COMFORT**

€ 560,00 - € 590,00

€ 430,00 - € 470,00

€ 630,00 - € 680,00

**PARK**

**PARK SUPERIOR**

€ 680,00 - € 730,00

€ 680,00 - € 730,00

**PARK DELUXE**

€ 670,00 - € 690,00

€ 730,00 - € 790,00

€ 730,00 - € 790,00





## HOW TO GET HERE

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**By air:** to Bolzano airport via Rome, to Verona, Venice, Milan, Innsbruck or Munich airport. There is a shuttle service from Verona airport to the Merano Palace on Fridays, Saturdays and Sundays.

**By car:** via the A22 – the Brenner motorway. Take the “Bolzano Sud” exit and then take the dual-carriageway to Merano (Me-Bo).

**By train:** via Verona, changing at Bolzano, or via Brenner, also changing at Bolzano.



### Rates

Rates are quoted per room per night. Rates are subject to availability and might change without notice.

### Children

No charge for children up to 2 years old sharing a room with their parents. Price reduction for children between 3 and 12 years old sharing a room with their parents.

Please contact the Reservation Office for bookings and information.

À la carte meals Bio-light.

### Pets

Small pets allowed upon request at € 40.00/day. Food not included.

### Arrivals

Check-in time on arrival: from 3.00 p.m.

### Departure

Check-out time: 11.00 a.m. Late check-out upon request. In case of anticipated departure no rate reduction will be applied.

### Dressing code

At the restaurants "La Cupola" and "Belle Epoque": bathrobe is allowed for our spa and cure guests at breakfast and lunch. At dinner a casual-smart dress code is required.

### Transfer

**Limousine-transfer** upon request from/to the airport. The service is subject to extra charge. Shuttle service organized by the Hotel from/to VERONA airport (Air France-flights) on Friday, Saturday and Sunday at a preferential price. Please contact directly the Concierge for further information and booking.

### Distances:

Bolzano Airport 33 km / 30 min. approx.

Innsbruck Airport 120 km / 1 h - 1/2 approx.

Verona Airport 180 km / 2 h approx.

Venice Airport 290 km / 3 h approx.

Milan 325 km / 3 h - 1/2 approx.

Florence 400 km / 4 h approx.

Rome 660 km / 6 h - 1/2 approx.

Munich 310 km / 3 h - 1/2 approx.